

Scene 1: Mrs. Brennan's Class

(downstage right... Emotional control booth inside a brain.)

BRAIN 1: Hi, welcome to the brain. This is Emo, an emotions management officer.

EMO: When you see, hear, smell, touch, or taste something, I decide how you feel about it.

BRAIN 2: This is Rio, Emo's partner. Rio's official title is the Response Intervention Officer.

RIO: Based on how you feel, I send a message to your muscles to determine how you will react to the situation.

BRAIN 3: We work together. Watch and see how.

Narrator: Long ago, in a land not so far away there were some kids about to take a spelling test.

Teacher: Number one, spell the word "BAND - BAND". You can play flute in the BAND - Band.

BRAIN 4: Teacher's voice, check. Blank white lined paper, check. Yup. It's test time alright.

Student 1: My heart's pounding.

Student 2: I feel so hot.

Student 3: My hands are so sweaty I can barely hold the pencil.

EMO: Rio, the body systems report just in... these spellers have a bad case of the nerves. These three are feeling worried.

RIO: Copy that, EMO. It seems like the CRABS are coming in to tell those spellers how to respond.

CRABS ENTER... EACH GOES TO A STUDENT.

ALL SING: I love holding worried kids down. Time to mess with their heads

Crab 1: (Put on the crab trap hat and talk to the speller.) Repeat after me, "I'm never going to spell this word correctly."

Student 1: I'm never going to spell this word correctly.

ALL SING: I love holding worried kids down. Time to mess with their heads

Crab 2: (Put on the crab trap hat and talk to the speller.) Repeat after me, "My b's and d's always bump the wrong way. I'm going to get this one wrong."

Student 2: My b's and d's always bump the wrong way. I'm going to get this one wrong.

ALL SING: I love holding worried kids down. Time to mess with their heads

Crab 3: (Put on the crab trap hat and talk to the speller.) Repeat after me, “You are an awful speller. Run away!”

Student 3: I am an awful speller... (get up and run away).

Teacher: Wait, where are you going?

(Enter Gratitude Green Beret into Rio & Eco’s Control Center)

SONG: A Glimmer of Gladness (Gratitude Green Beret Captain: Halt!)

RIO: Wait, who are you? What are you doing in our command central?

Gratitude Green Beret Captain: We are the Gratitude Green Berets, a special reaction task force. We’re here to free those spellers from their crab cages.

Gratitude Green Beret 1: Those crabs are keeping the spellers hostage.

Gratitude Green Beret 2: Worry is getting in their way of doing their best.

Gratitude Green Beret 3: Send us in, Captain. We’ll make krabby patties out of those troublesome thoughts.

EMO: Rio, the body systems are checking in. The kids have gone from worried to scared after those crabs told them how to respond.

RIO: Maybe the Gratitude Berets could help. Ok, Captain. Lead your army in.

Gratitude Green Beret Captain: Troops, you heard Rio. When I give the signal, go in and save your speller.

Gratitude Green Beret 1: (march up to crab and student 1 - WITH MUSIC) Two claps for gratitude! (Crab 1 scurry away in fear.)

Repeat after me, “I am so thankful my mom studied with me last night.”

Student 1: I am so thankful my mom studied with me last night. (Remove cage and sigh in relief loudly.)

Gratitude Green Beret 2: (march up to crab and student 2 - WITH MUSIC)

Two claps for gratitude! (Crab 2 scurry away in fear)

Repeat after me, “I’m thankful Mrs. Baker taught me how to remember which way the b’s and d’s bump.”

Student 2: I'm thankful Mrs. Baker taught me how to remember which way the b's and d's bump. (Hold your hands up high showing the trick. Take off the cage and pick up your pencil.)

Gratitude Green Beret 3: (march up to crab and student 3 hiding on the stairs - WITH MUSIC)
Two claps for gratitude! (Crab 3 scurry away in fear.)
Repeat after me, "I'm thankful my older sister helped me make flashcards to study. I got this.."

Student 3: I'm thankful my older sister helped me make flashcards to study. I got this.
(Remove cage and march back to your desk with confidence.)

EMO: (amazed) Captain, how'd your troops defeat the crabby thoughts so easily?

Captain: When we notice the good things that have happened, it helps change our crabby mindset and helps us move forward without worry.

Gratitude Green Beret 1,2, &3: - (WITH MUSIC) Two claps for gratitude!

Narrator: A glimmer of gladness is enough to help you climb out of the crab trap.

Brain 1	Ison	Hunton
Brain 2	Caleb	Raymond
Brain 3	Maialen	Dominguez
Brain 4	Ava	Ippoliti
Emo	Dahlia	Rodgers
Rio	Luke	Ford
Narrator	Isabel	Gontijo
Teacher	Lorelei	Black
Student 1	Luke	Queenan
Student 2	Maya	Kotur
Student 3	Thomson	Ogden
Crab 1	Liam	Coughlin
Crab 2	Jason	Anderson
Crab 3	Brianna	Gmelin
GB 1	Karl	Blazkiewicz
GB 2	Savanna	Jensen
GB 3	Jay	Messineo
GB Captain	Audrey	Wang